# Year 1 coaching attendance requirements

During year 1 of the programme you can access 4 x 1 hour coaching sessions as additional support. Coaching differs from the support of your CSW or Practice tutor as it is a completely confidential space to reflect and talk with an independent person outside of Frontline, where you set the agenda.

If you and your Practice Tutor agree that coaching may be of benefit to you, then your Practice Tutor willmake a referral to the coaching team. The contents of this referral will be discussed and agreed upon between you and will be used by the coaching team to match you with a coach.

Here are some examples of the types of focus areas you might work on with your coach:

* managing yourself and your resilience
* meeting the PCF requirements
* how to balance your academic work alongside your placement or your work/home life balance
* challenges and goals that you want to focus on to help you build confidence in your ability
* developing your confidence.

Please note, that your coach will not be able to provide you with academic support.

## Attendance and engagement

Year 1 coaching is a non-compulsory element, additional support offer for Year 1 participants of the programme that is accessed via a referral. Year 1 coaching is philanthropically funded and there are limited spaces available.

When participants opt-in to coaching they are expected to attend all scheduled sessions. It is required that you provide a minimum of one business days’ notice for session cancellations or changes, otherwise, the session is considered ‘spent’. Spent sessions are charged to Frontline at £100 and will not be rescheduled.

If a late cancellation is unavoidable due to exceptional circumstances (sickness, bereavement or Ofsted visit), we will consider whether a session can be reinstated on a case-by-case basis.

Frontline are able to withdraw the remaining coaching sessions if 2 sessions are ‘spent’ without exceptional circumstances.

**Frontline is responsible for:​**

* tracking and monitoring of attendance
* following up with participants where necessary
* informing your Practice Tutor and / or your coach on engagement.

​**Participants are responsible for:​**

* providing a minimum of **one business days’ notice for session cancellations or changes**, otherwise, the session is considered ‘spent’ and Frontline will be charged
* providing written confirmation that they will be attending their next sessions if a session is missed
* reaching out to the coaching team if a cancellation is unavoidable due to exceptional circumstances (sickness, bereavement or Ofsted visit), to consider whether we can reinstate the sessions. Reinstated sessions must take place before the end of the current programme year
* Communicating to the coaching team if they do not wish to continue with coaching.

## Who do I talk to if I need any support?

For further information on coaching or any questions please reach out to the Coaching Team at coachingsessions@thefrontline.org.uk